EAP WORKSHOP SCHEDULE
Fall 2021
Facilitated by: Michelle Stolicker, EAP Supervisor

- **October 20, 2021**
  - **Wednesday**
  - **ABC's of Adult ADHD**
  - Live Online Program
  - 4:30-5:30pm
  - with Michelle Stolicker, EAP Supervisor

- **October 27, 2021**
  - **Wednesday**
  - **Fighting COVID Fatigue**
  - Live Online Program
  - 4:30-5:30pm
  - with Michelle Stolicker, EAP Supervisor

- **November 10, 2021**
  - **Wednesday**
  - **NYS TRS Overview**
  - Live Online Program
  - 4:30-5:30pm
  - with NYS TRS Representative

- **November 17, 2021**
  - **Wednesday**
  - **Lessons In Loss: Growing Through the Grief**
  - Live Online Program
  - 4:30-5:30pm
  - with Michelle Stolicker, EAP Supervisor

- **December 1, 2021**
  - **Wednesday**
  - **Remember Your “WHY”**
  - Live Online Program
  - 4:30-5:30pm
  - with Michelle Stolicker, EAP Supervisor

- **December 8, 2021**
  - **Wednesday**
  - **Don’t Sweat the Small Stuff**
  - Live Online Program
  - 4:30-5:30pm
  - with Michelle Stolicker

If you have a group in your school district interested in bringing a workshop directly to you either virtually or in person utilizing appropriate COVID safety protocols, please call Michelle Stolicker at 1-800-EAP-8764 or 315-471-1361 or email her at eap@ocmboces.org. All programs are FREE to component district employees and family members.

TO REGISTER, PLEASE CHECK DESIRED COURSES

PLEASE RETURN ENTIRE FLYER via BOCES MAIL, US MAIL OR EMAIL

Name:______________________________________________________________________________________
School/School District:_________________________________Position_________________________________
School Phone: ________________________ Home/Cell Phone_________________________________________
E-Mail Address (please print clearly): _____________________________________________________________
If applicable, name of guest attending with you:_____________________________________________________

RETURN: Michelle Stolicker/ OCM BOCES Employee Assistance Program
906 Spencer Street c/o Prevention Network
Syracuse, New York 13204