

Down on the Pharm: Facts About Prescription & OTC Drug Abuse

Think about your home. What prescription and over-the-counter (OTC) drugs do you have? Where are they kept? Would you know if any were missing? What about your neighbor's home? Your parents? Unfortunately, you only have to read recent news headlines to know that a growing number of teens (and preteens) are using, abusing and sharing these medications. What is even more frightening is that these drugs are often taken with little or no knowledge of or concern about the potential health risks involved.

In this workshop we will:

- Identify the common prescription and over-the-counter medications that are being taken
- Review the potential dangers of their use alone or in combination with alcohol and/or other drugs
- Review common methods for obtaining and concealing these drugs
- Identify tips for recognizing and preventing this abuse