

How To De-Junk Your Life: The Sequel

This is a highly interactive workshop and is appropriate for “newcomers” to the “de-junking” process as well as those who have attended one or both of the previously offered workshops. Participants are asked to bring their specific de-junking dilemmas and we will assist with information, ideas and resources to address them.

Common questions include:

- How do I get motivated? Stay motivated?
- How do I decide what to get rid of? How can I follow through with minimal guilt?
- How do I organize what I do decide to keep?
- What can I do if I live/work with a “clutterholic”?