Caregiver Camp
Resources for Remaining Home

“But I don’t want to go!” This is a heart-wrenching plea to hear from a parent or loved one. Fortunately, because of the burgeoning aging population, systems are now in place and resources are available which allow individuals to remain safely in their own home far longer than ever possible before. In this workshop we will review the various resources available and learn how to access them. Resources will include:

- Transportation options
- Comprehensive health care programs
- Food/meal options
- Medication monitoring tools
- Personal care/housekeeping/companions
- Home safety tips
- Adaptive devices for the home
- Participants can also submit specific questions prior to the workshop so they will be addressed during the session