

Caregiver Camp

Alzheimer's and Related Dementias

In this workshop we will:

- Define Alzheimer's Disease and Dementia
- Identify common signs/symptoms
- Review the 3 stages of Alzheimer's Disease and what to expect at each stage
- Address some common challenges on care giving and provide strategies to address these
- Provide information regarding resources to help support your loved one's yourself through this challenging time