



Bibliography of Helpful Resources for ADD/ADHD

Books for Kids:

- A Volcano In My Tummy: Helping Children to Handle Anger. Whitehouse& Pudney.
- Eukee the Jumpy Elephant. Corman & Trevino.
- Hunter and His Amazing Remote Control: A Fun, Hands-On Way to Teach Self-Control to ADD/ADHD Children. Copeland.
- Jumpin'Jake Settles Down. (Workbook & CD)Shapiro.
- Learning to Slow Down and Pay Attention: A Book for Kids About ADHD. Nadeau, Dixon & Beyl.
- My Brother's a World-Class Pain: A Sibling's Guide to ADHD. Gordon.
- My Mouth Is a Volcano (Helping Kids Manage Their Thoughts and Words Without Interrupting). Cook.
- Otto Learns About His Medicine. Galvin, Matthew.
- Personal Space Camp (Teaching Kids the Concepts of Personal Space). Cook.
- Putting on the Brakes: A Young People's Guide to Understanding ADHD. Quinn & Stern.
- "Putting On the Brakes" Activity Book for Young People With ADHD. Quinn, Stern & Russell.
- Shelley the Hyperactive Turtle. Moss.
- Sometimes I Drive My Mom Crazy, But I Know She's Crazy About Me. Shapiro.
- The Survival Guide for Kids with ADD or ADHD. Taylor.

Books for Tweens and Teens:

- A Bird's-Eye View of Life with ADD and ADHD: Advice from Young Survivors. Dendy & Ziegler.
- Adolescence and ADD. Quinn.
- Answers to Distraction. Hallowell& Ratey.
- ADD and the College Student. Quinn.
- ADD-Friendly Ways to Organize Your Life. Kohlberg & Nadeau.
- Answers to Distraction. Hallowell & Ratey.
- Delivered From Distraction: Getting the Most Out of Life with Attention Deficit Disorder. Hallowell & Ratey.
- Distant Drums, Different Drummers: A Guide for Young People with ADHD. Ingersoll.
- Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood. Hallowell & Ratey.
- Put Yourself in Their Shoes. Parker.
- Survival Guide for the College Students with ADD or LD. Nadeau.
- You Mean I'm Not Lazy, Stupid or Crazy? Kelly & Ramundo.

Books for Teachers, Parents and other Interested Parties:

- ADD & ADHD Answer Book: The Top 275 Questions Parents Ask. Ashley.
- ADD Hyperactivity Handbook for Schools. Parker.
- Attention Deficit Hyperactivity Disorders: A Handbook for Diagnosis and Treatment. Barkley.
- Attention Deficit Hyperactivity Disorder: State of Science-Best Practices. Jensen & Cooper.
- Attention without Tension: A Teacher's Handbook on ADD. Copeland & Love.
- Delivered From Distraction: Getting the Most Out of Life with Attention Deficit Disorder. Hallowell & Ratey.
- Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood to Adulthood. Hallowell & Ratey.

- How to Live till Friday. Gornik et al.
- How to Reach and Teach Children with ADD/ADHD: Practical Techniques, Strategies and Interventions, 2nd Edition. Rief.
- Making the System Work for Your Child with ADHD: An Expert Parent's Guide to Getting the Best Care. Jensen.
- Parenting Children With ADHD: 10 Lessons That Medicine Cannot Teach. Monastra.
- Practical Suggestions for ADHD. Jones.
- Straight Talk About Psychiatric Medications for Kids. Wilens.
- Taking Charge of ADHD. The Complete Authoritative Guide for Parents. Barkley.
- Teaching Teens with ADD and ADHD: A Quick Reference Guide for Teachers and Parents. Zeigler Dendy.
- The ADHD Book of Lists. Rief.
- The ADHD Workbook for Parents. Parker.
- The ADHD Handbook for Schools. Parker.
- The Disorganized Mind: Coaching Your ADHD Brain to Take Control of Your Time, Tasks and Talents. Ratey.
- Understanding and Managing Children's Classroom Behavior. Goldstein.
- Your Hyperactive Child: A Parent's Guide to Coping with Attention Deficit Disorder. Ingersoll.

Helpful Web Resources, Support Organizations and Professional Associations:

- **AAP: American Academy of Pediatrics**
 - www.aap.org
- **ADDA: Attention Deficit Disorder Association**
 - www.add.org
- **ADD Resources**-Free articles, comprehensive list of web resources
 - www.addresources.org
- **APA: American Psychological Association**
 - www.apa.org
- **Attention Research Update Newsletter**
 - www.helpforadd.com
- **CHADD: Children and Adults with Attention Deficit Disorder**
 - www.chadd.org
- **Courage to Change- Catalog for Books, Games and other Resources**
 - www.CourageToChange.com
- **FDA: Food and Drug Administration- Info on Medications**
 - www.fda.gov
- **Healthy Place- online support and information**
 - www.healthyplace.com/communities/add
- **LDA: Learning Disability Association of America**
 - www.ldanatl.org
- **National Resource Center on ADHD**
 - www.help4adhd.org
- **Public Broadcasting Service- ADHD Demo**
 - www.pbs.org/wgbh/misunderstoodminds/attention
- **NIMH: National Institute of Mental Health**
 - www.nimh.nih.gov

For further questions or concerns, contact your Employee Assistance Program at:
 (800) EAP-8764 or (315) 471-1361 or visit www.eap.comboces.org