

Divorce Do's & Don'ts: Help For Adults & Children

Many individuals in our schools, whether staff or students, are touched by divorce. The current divorce rate is estimated to be between 40 and 60% for those recently married and up to 10% higher for remarriages. The majority of divorces also occur in households with children under the age of 18.

In this workshop participants will:

- Explore the impact of separation and divorce on adults and children
- Identify key factors in divorce planning
- Learn strategies to help adults and children of all ages through the divorce process and beyond
- Identify resources for divorcing parents and children

This workshop is appropriate for individuals currently going through or contemplating divorce, their family or friends looking for ways to be helpful and for school personnel wishing to better understand how to support the staff and children they work with.